



+Christian Symbol+

ROOSTER

The rooster reminds us of Peter's threefold denial of Jesus on the night of his trial (Matthew 26:34, NIV). Because of this, it often symbolizes human weakness and faithlessness—especially when faith is tested. Yet, the rooster also calls to mind watchfulness. Its early-morning crowing echoes Jesus' words about being alert for his return: "Therefore keep watch because you do not know when the owner of the house will come back—whether in the evening, or at midnight, or when the rooster crows, or at dawn" (Mark 13:35, NIV).

NEWS CHAPPEL

Return Service Requested

CHRIST LUTHERAN CHURCH
337 Farview Avenue
Paramus, New Jersey 07652

CHAPEL NEWS

CHRIST LUTHERAN CHURCH MONTHLY NEWSLETTER

**THE ONLY
TROUBLE WITH
EASTER COMING
SOON IS THAT WE
HAVE TO WALK
THROUGH A
GRAVEYARD TO
GET THERE.**

— BARBARA
BROWN TAYLOR

SOUP & PRAYERS

Soup & Prayers is one of those unique experiences that combines fellowship, Lenten reflection, and super duper soups!

Lent — the season of waiting, a season of self reflection, a season of learning, a season where perhaps “less” extravagant food is really “more”. Our Soup & Prayers program wraps all these things up in a nice, neat little package. If you’ve not joined us before, then this is the year you should, and if you have come before, come back again!

Join us starting next month on the following Wednesdays in the Church Family Room from 6:30 pm – 8:00 pm:

March 4 • March 11 • March 18 • March 25

Come and prepare your heart and soul for Easter.

— Pam Sakala



Patrick, Noyes “Bart” Bartholomew, Dolores Brickman, The Brooks Family, Charlie Brown, Tony Calise, Mike Chapman, John Claehsen, Bryant Rodriguez Cyriax, Carol DeMott, Carol Doyle, Marge Durdunas, Amber Faison, Al & Barbara Frielink, Krista Fuchs, Cassandra Griffin, Mary Carolyn Harrison, Carol Hodgins, Carol & Hugh Lally, Dolores Lowack, Marie Lupinski, Linda McFate, Doris Robinson, John Schaefer, Linda Siegrist, the Vega Family, Janice & Dave Wedderman and Raymond Zweil

CHRIST EVANGELICAL LUTHERAN CHURCH

337 Farview Avenue Paramus, New Jersey 07652
201-262-0138 • christinparamus@hotmail.com • christparamus.org

CORINNE'S CUPBOARD

This year during Lent we are again collecting food items for the Snack Pack Program started by Corinne Sakala years ago. The collection will run February 22 through March 29.

Many Bergen County school children who receive free or reduced priced school meals are left without adequate nutrition on the weekends and during holiday breaks. The program helps to fill this void by providing healthy, kid-friendly foods to these children. The snack packs are discreetly given to these kids by the classroom teacher on Friday afternoons or before school breaks.

We will collect the following food items for the Snack Packs:

- Nutri-Grain Snack Bars – 1.3 oz. (no chocolate or nuts)
-  2% Milk Boxes – 8 oz., non-flavored, shelf stable
-  Chef Boyardee Microwavable Bowls – 7.5 oz.
-  100% Juice Boxes – 6.75 oz.
-  Cold Cereal Boxes – 1 oz. individual serving size
-  Macaroni & Cheese – 7.25 oz. boxes
- Fruit Cups – 4 oz.

At the end of Lent, we will assemble the items in bags and deliver them to the Center For Food Action who will then deliver them to the Bergen County schools in the program. Last year we assembled 300 bags!

If you'd like to help with this effort but would rather make a monetary donation, that's great also. We will use these funds to buy items to complete the packs. If you have any questions, please see Jan Behnke or Rosemary Chandra. Thanks for your help!

Rev. Stover Crouthamel and Dolly Crouthamel Vander Plaat Memorial Scholarship



If you are an active member of Christ Lutheran Church and are planning to attend college or an advanced training program this fall, you may be eligible to apply for the Rev. Stover Crouthamel and Dolly Crouthamel Vander Plaat Memorial Scholarship. Please contact the Church Office at 201-262-0138 for the application (due by May 11, 2026). Applicants will be considered based on church activity, community activity, and academic achievement.

MARCH

Assistant Schedule

- MAR 1** 10:00am
Lay Assistant Pat Berinato
Usher Linda Polise
Altar Guild Gina Lally
- MAR 8** 10:00am
Lay Assistant Bob Denicola
Usher Anne Carman
Altar Guild
- MAR 15** 10:00am
Lay Assistant Bill Jaichner
Usher Linda Comery
Altar Guild Linda Polise
- MAR 22** 8:00pm
Lay Assistant Chris Nilsen
Usher Margarete Denicola
Altar Guild
- PALM SUNDAY**
- MAR 29** 10:00am
Lay Assistant Pam Sakala
Usher Lori Mercer
Altar Guild Gina Lally
- Counter** Chuck Young

BIRTHDAYS

- Monica Prabudoss 3/6
- David Bandila 3/8
- Phil Keller 3/13
- Ben Bandila 3/24
- Jennifer vanDam 3/29

FAT TUESDAY...ON SUNDAY

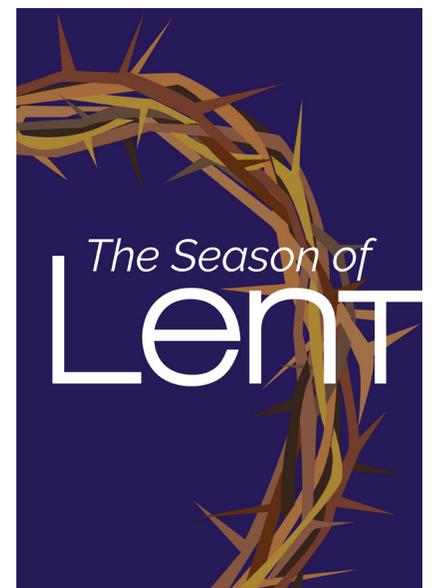


BIBLE QUIZ

In Bible times, shepherds spent most of their days with their sheep—guiding them to food and water and guarding them from danger. When a sheep was injured, the shepherd treated the wound with a special liquid. What was it?

- A. Water
- B. Honey
- C. A salt solution
- D. Olive oil

Answer: D (See Psalm 23:5)



MARCH 2026

Church (CH)
Fellowship Hall (FH)
Family Room (FR)
Office Building (OB)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Worship Service (CH) 10:00am	2	3 Canoe/Kayak Club Meeting (FR) 6:30 - 9:00 pm	4 Soup & Prayers (FR) 6:30pm	5	6	7 Crafty Ladies (OB) 10:00am
8 Daylight Saving Time Begins Worship Service (CH) 10:00am	9	10	11 Soup & Prayers (FR) 6:30pm	12	13	14
15 Worship Service (CH) 10:00am Special Congregation Meeting (CH) following service	16	17 St. Patrick's Day	18 Soup & Prayers (FR) 6:30pm	19	20 First Day of Spring	21 Crafty Ladies (OB) 10:00am
22 Worship Service (CH) 10:00am	23	24	25 Soup & Prayers (FR) 6:30pm	26	27	28
29 Worship Service (CH) 10:00am	30	31	APRIL 1	2 Maundy Thursday Worship Service (CH) 8:00pm	3 Good Friday Worship Service (CH) 8:00pm	4 Crafty Ladies (OB) 10:00am

CHRIST LUTHERAN CHURCH STAFF AND COUNCIL

Vice Pastor

Office Administrator

Sexton

Director of Music Ministries

President

Vice President

Council Secretary

Treasurer

Recording Financial Secretary

Pastor Miller

Debbie Geerlof

Bob Sakala

Michael Wittenburg

Chris Nilsen

Bill Jaichner

Pam Sakala

Chuck Young

Pat Berinato

Inward Ministry Team

Christian Education Pam Sakala

Shepherd

Worship & Music Chris Nilsen

Administrative Team

Financial Chuck Young

Property Bill Jaichner

Outward Ministry Team

Servant

Jan Behnke

Rosemary Chandra